

Often I can't tell you how much you mean to me. You make my life complete. I love you so much. I felt so good after talking to you today. I don't even know how you do it, but you always cheer me, when I'm down and encourage me and make me feel really good. You've always done that for me ever since I know you. In fact, when you called, I knew I'd feel better cause I know you just have the words to say to me. I think you're so wise - truly I do. You always seem to know my need of the moment. I love the way you handle situations - I love your confidence. I feel that the Lord really used you today. I know it wasn't just a coincidence that you called today - He knew that you were the person I needed to talk to. Thanks babe, I love talking with you. You're my love. This summer will be so good I can't wait to be able to spend some time with you. I'm praying you get a job you really like. I want you to be real happy, especially since you're sacrificing going up to C.O.H. I feel sorta bad about it, but at least I know it's your decision. I really don't want to tell you what to do. When



Love, [Signature]

you're happy, so am I. You know, I'm really happy you said
you have a peace about the whole deal - getting married
to me and all and you feel comfortable about it.
That's the way I want it. Babe, I wanna be such a good
wife. It'll be so good to be with you and live with
you, come home to you, and go to bed with you.
I won't demand much of your time babe. I want
you to be able to do all the things you want - things
you do now. I love the person you are - as an individual.
Sure, we'll be a team, but I want you to be the person
you are - and I never want to change that. If you
change on your own - fine - but don't let me ever
try to change you (I know you won't) You're so neat,
I could never try to change you. Just for the record -
I definitely encourage you to keep playing volleyball
and basketball + whatever you want. I'll come and
watch you + your perry legs. I miss your body - it's
so beautiful. You're built so well - so well. We'll have
a good time together - I know it. I'm real anxious to
meet your friends and see the school. It'll be great.
I want to spend my life with you. You're the one
still are, always will be.

Babe, if you want to make reservations or whatever
go ahead. I trust your judgement, you can feel me
in later. It'll be a fun surprise.

I did go on my bike ride after I talked with you. It was a nice ride. A lot of people were picnicking and all these little kids running around. Lots of lovers together and it makes me miss you more, but I know we'll be together soon. Going to the shore sounds good. We'll have to go to the shore a few days before the wedding too, so we have a tan. But, I'm not about to fly out there. Summer will be great!

Hen, I was reading a book on contraceptives and about the pill. I really want to talk it over with you, but I'm seriously considering taking it. There's different kinds. One, the most common, is a combination estrogen + progesterone pill. One is dominant estrogen (which is the one I consider) and another is dominant progesterone. The estrogen dominant one, they explain, produces a 'female' affect - they say it clears up acne, no weight gain except possibly increased water retention (not a permanent gain), more regular periods etc. The one risk is leg blood clots. The progesterone dominant one produces 'male' affect - increased hairiness, wt. gain - by protein buildup in muscles (permanent wt gain) and increased acne. Sounds awful huh? Anyhow, I'm just thinking about it. I must see the Dr. by June and I should be on it then already (at least 1 month

before the wedding). If you have objections to it and feel strongly, I won't take it - we have time to discuss it. I just really want to have that freedom. We're too spontaneous for anything else. If we feel it all of a sudden, I don't wanna have to interrupt, I want it to be natural.

Henry, I'm so looking forward to our life together. It'll be great. The Lord is working so many things out for us. I see His hand in all the plans. He's so good.

Hen, I'm sorry I cried on the phone today. I don't want to add extra burdens on you. I'm glad you're ~~so understanding, babe~~. Don't worry about me, I'm ok. I just struggle with things sometimes and it's hard. You really helped me through, today. Thanks.

I'm so in love with you Henry. It's gonna be great,

Forever,
Valerie

P.S Everyone here is anxious to see you, Heidi too.