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Henry, 10/11/78
Hi. I'm really missing you lately. I keep thinking I wish it were last week. Then I'd be picking you up tomorrow night. The Lord is good, though - He gives me peace and strength for each day. He's good to us - isn't he? Thanks for comin' home to me last weekend.

I'm having a bad running week. My left knee is a mess and I hold back so hard on downhill that my shins hurt (Anterior tibialis). Also, today I turned my ankle - where the road drops off on the side. It hurt, but I kept going - that was foolish. It's discouraging, cause it's like the 1st bad week I've had since I started running. I still really feel like running - it's not that I have to push myself to go - but everything hurts - I almost feel like I'm out of shape. Pray for me for Saturday's race - not that I would win - but that the Lord's will would be done - if He wants me to do good I will - I will try though for sure.

Today I got a notice from Chevrolet saying that I've had my car 6 mos so I need to bring it in and they'll check the air cleaner, carb. choke, + mounting, torque + eff. system. Adjust engine idle speed. As much as I don't feel like taking my car in again - I guess I must to stay on the warranty. They make me feel so small when I'm in there. Well I guess I need humbling. I guess you know what all that stuff is. How does it seem? Sound legit?!

I took your slides + my film to K-mart tonight I bought film + magazines. I also tried to call you twice. After prayer meeting, Fred + Sue asked me if I wanted to call you. We went out to air products and used his phone. They have some kind of thing where they pay for all long distance calls in one lump sum so they even ask that you make personal long distance calls there so they get more for that price. Anyway, I was all excited about calling - but - no answer. They were sensitive to my need for you so they asked if I wanted to call you and that cheered me up. That was so nice of them. Just think, if I worked at air products I could call you everyday and I would too. Oh to live in luxury & be able to talk to my babe everyday - what a treat!

I called Bill today and he said that someone was ~~going to~~ being considered for the job now and he was sure that it would be filled by January, but he suggested that you fill out an application because there might be another opening sometime. But he sounded doubtful about it.

On the day I called you didn't answer me
Thou didn't make me bold with strength in my soul!
Psalm 43:3

Babe, I really wish I could have a better relationship with my parents. They just don't seem happy too much of the time and it makes me feel anxious and uneasy. Sometimes I wish I could just sit down and talk with my mom about stuff - but it's such an

awkward situation. I never really could talk with her but now I feel the Lord connecting me to be close to her. When she's upset, I try not to question her about why she is and I just try to make conversation but she tells me to just leave her alone. It's so weird - I feel a need for communication - but there is none. Everyone just lives here but we don't even really know each other. Everyone watches T.V. together and that's supposed to be "doing something together" I especially miss that communication & sharing because you're not here. That's something about our relationship I really love + would never give up - our communication. You understand me + have time for me. You know me so well - it's so neat.

I feel like my parents just have too much on their minds and are bound by it - therefore unable to be happy and free. They get mad so easily and want to be left alone. Then when they're mad, I feel guilty when I do something. It's a strange situation. Just pray that we'd be able to communicate better. Thanks. I hope you know kinda what I mean.

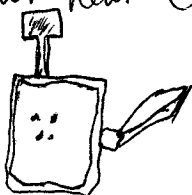
The trees are so pretty lately and the weather is so nice. I like just being out - I feel close to God being in His creation. Each day, I can see a difference in the trees - Really beautiful.

Guess what, babe - today I washed my car window. It was getting to the point where I couldn't even see out of it. I thought of you when I did it, too. Oh, babe wish you were here. So bad.

Erny + David are getting married May 26, 1978
She was wondering if you could come to it. She wanted
you as a photographer but her mom wants to pick out
who she wants. and they're paying for it so... But
she wanted to make sure you'd be home. I looked
on the calendar and your commencement day is
May 26. Do you have to attend it?

You are invited as my guest to the Christmas
dance on Dec 15 8:00 - 12:30 at Mack's That was
fun last year dancing with you. You better be here to
go with me this year! It can be my Christmas
present from you. I love to be with you and show
you off cause **YOUR MY BABE**. Wish you still had
that tax you could wear it there you looked
so great. Everyone commented on how nice you
looked Sat + Sun. I sure know how to pick 'em!

Today at work we had 2 guys come in and gave
an inservice on EMG biofeedback for reeducating
muscles and relaxation. The little machine had
a speaker attached to it and wires attached to the pts
skin over a certain muscle being tested. Whenever
the muscle contracted - the speaker went off. If the
pt would be compensating for a weak muscle ~~and~~
using another - it wouldn't be as loud. Anyhow, it was
interesting. They also use it to try to get pts to relax.
You try to lower the sound (↓ muscle activity). It's
neat + you can hear the activity of the muscle.



← sorta
what it
looks like

looks like
something
from Star Trek
Galactica

LATER THORS.

I just talked to you tonight. Did I surprise you by calling. Thanks for calling me back and paying for it. Duke seems nice - he said he's taking care of you. Tell him I'm well pleased with the results - what I saw this weekend. Man - you're a good lookin' dude babe. People wonder how I got someone as nice as you. Well, let 'em wonder. I love talkin' with you - you understand me so well. I pray we'll always be real close. Only the Lord could work it out that we feel so close to each other even though we're far apart. I'm so excited about Thanksgiving, babe. It'll be the best ever - I just know it. I think I can say I love you 100 times more after this weekend. The Lord really spoke to me about us and what kind of relationship we should be having. I know before, the reason we argued was because the Lord wasn't in control of me - I was and I was selfish + cold to your needs + feelings. Please forgive me for that (my old nature). But I want the Lord to constantly change me - even now. Love you.

The movie was good - real comical. Vic wanted to see it so I thought I'd take her. Otherwise, I would have kept wishing it were last week. We stayed to see it twice.

By the way, I feel a real peace about you being where I know you're in His will. All I was

trying to say might was I just wonder why we're
apart. Maybe that's the only way I would have
ever listened to Him + let Him take control

Consider this babe, maybe next year I could
come out there for a weeks vacation like maybe
before Christmas - around Oct. Think about it.

I must go now. I'll pray for you with all the
reading you have to do. I'm learning a lot from
Ryrie everyday. Thank.

I love your mustache babe - looks great.

Love you
Valerie
Christine

ISAIAH 61:10

I will rejoice greatly in the Lord
my soul will exult in my God
For He has clothed me with garments
of salvation, He has wrapped me with
a robe of righteousness as a bridegroom
decks himself with a garland
and as a bride adorns herself with
her jewels.