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Isaiah 58:11

And the Lord shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.

Henry, today was a good day, especially cause you called. I enjoyed talking with you so much and I can't wait to kiss you either. I love you and I realize it even more now. The Lord is teaching me so much lately. Don't ask Him to guide me each day, I can feel his presence. He's so good to us, Hen. As I got closer to Him, I see my sin as He sees it and I hate it. I want to stay close with Him always. When I have a prayer time in the morning (the only quiet time around here) He speaks to me - I need to be quiet before Him. Before I would just pray - me talking and not being quiet to allow Him to speak to me - to bring His promises to remembrance or bring a person to mind to pray for or just think about Him and how good He is. It's a real discipline which I haven't perfected, but I think of it kinda like you & I. Sometimes I just like to be with you and not say anything - we don't need to. Just being with you is enough at times - just to be in your presence. I also want to be in the Lord's presence. If I am quiet and wait on Him - He may show me something I should do for that day. Prayer is talking with God - not at Him.

You're PLOWING great! Like I said on the phone - wish I could go there with you and just watch & listen. I'm sure the Lord is ministering to those pts. thru you and blesses both of you. Those tracts you sent are good. That's a good experience.

That's a prayer request I ask of you - that I would never be too busy to talk & listen to people and cheer them up - especially

at work. Sometimes I get so busy and concerned about getting my work done that I'm insensitive to people's real needs - not only physical. Some people just need someone to listen to. Need to be more sensitive to needs + more understanding. People are what's eternal - not ~~material~~ material things.

You're poem is terrific babe! Some of the things you write are the greatest. You could take pictures + illustrate them and they'd be ~~so~~ good. You could do anything - I'm convinced - and I love you for you.

I called United Airlines + with the freedom fare - you're right it's \$13.90 round trip - much higher than ours. I was just curious. They asked Tim + I to play guitar + freedom Sept 24 at PM service - you guess we will - don't know what yet. Tonight we had a group called "MAGNA" at church - great. They had a guy playing flute - Jethro Tull style and saxophones + all kinds of horns + drums - really good. Think you would've liked it. I was wishing you could be there.

So what do you think when you look at the course? Think I can do it. I got 2 ~~bloody~~ bloody blisters today and a bloody toe under the nail - I took care of them, though and I'll take it easy this week (till Saturday). My L knee is really sore. I know you can sympathize cause yours was bad - there's not that bad - but you can pray about it. Thanks.

Saturday night, there was a party at David's house and it was pretty neat. Around 7:00, it was ~~so~~ beautiful - the sky was great. We were out back cooking hot dogs on the grill with hot mustard sauce - such a nice night. You would have loved it (esp. being with me ^{HA HA}). Anyhow, I played good ping pong. You would have been proud of me.

Today was exciting, babe. I went outrunning and after

about 4 laps (5 miles) I saw this exten who works out at the hospital. Well, he ran with me for about $\frac{1}{2}$ mile and then quit - he said he couldn't get over my speed. Actually I think he's just out of shape. What do you think, babe? The majority of Americans are out of shape! Well, on number 7 lap - I got bite by that dog - that was scary, babe. As I was running - these people were playing volleyball right by the track. They had a $\frac{1}{2}$ keg there and as I ran by, they filled a cup for me and handed it. I had to run it back and I told them I'd be back when I was finished. Well, these people were so nice - 3 couples and other people. They were so outgoing and I felt really comfortable with them. They treated me like they knew me all their lives.

Then we played volleyball - my team won both games. Everyone played well - they utilized their 3 hits and were very fair no arguments. They were real people - their kindness was not phoney at all. I played decent - I actually had a spike - can you believe! Anyhow, they said they play every Sunday afternoon so if it's nice, we'll go back next wk. You would have had a great time. The Lord provided friends when I'm lonely.

Hope you don't mind my long letters Hen. Hope they're not boring or take too much time to read. My handwriting is so sloppy.

I was just curious, Hen if you had to memorize scripture for any classes cause I know that takes quite a bit of time. I will pray that you get your work done and you can stick to your schedule. The Lord will not put you through anything which you won't be able to endure. He knows what you're going through babe.

Babe, no one compares with you. You are so very special to me. I treasure you and hope and look forward to our life together Precious and few are the moments we two can share! Our times together are precious. Our time on the phone was precious. Your

Voice is beautiful! I truly admire your obedience to the Lord Henry. I look up to you for so many things. Oh, I could kiss you right now!

Well, before I go let me just share a verse that is special to me. I like the way it's worded in King James.

'For we have not an high priest which cannot be touched with the feelings of our infirmities; but was in all points tempted like as we are, yet without sin.'

Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.' Hebrews 4:15,16.

That says so much to me - about Jesus - and about prayer.

He knows all that we go through each day + night and offers grace + mercy to us. It's already there.

Babe, it's getting late so I will go. Am praying for you. Oh by the way - the 1st football game of season CCHS beat Allen - first ever in history. See what happens when you leave Allentown! Good football weather.

Love you and
you alone.

Fearing or Jesus,
Valerie